



Suggested Packing List

Please bring old clothes that are camp appropriate. **THE SUMMER CAMP IS NOT RESPONSIBLE FOR LOST OR FORGOTTEN ITEMS.** Please write the camper's name or initials on ALL items.

2 pairs of tie shoes (sneakers)	3 sweatshirts	soap
1 pair of sandals/flip flops	1 rain jacket or poncho	brush/comb/hair ties/barrettes
1 or 2 bathing suits	6 t-shirts/tank tops	toothbrush/toothpaste
2 towels	6 pairs of shorts	deodorant
3 pairs of pajamas	2 pairs of long pants	pillow
7 pairs of socks	sunscreen	sleeping bag (if you have one)
7 pairs of underwear	bug spray	backpack (if you have one)
bra (s)	shampoo/conditioner	reusable water bottle (if you have one)
2 long sleeved shirts		

Laundry is done once per session

DO NOT BRING THE FOLLOWING ITEMS TO CAMP:

Money, jewelry, electronics (computers, Ipods, MP3 players, cell phones) personal sports equipment, make-up, alcohol, nonprescription drugs, matches, lighters, weapons. Any of these items will be immediately taken and kept locked in the camp office and returned to the camper at the end of the session.

TELEPHONE CALLS WHILE AT CAMP:

Campers are not allowed to make or receive calls while they are at camp. If there's an emergency, please call our Readfield, Maine office at (207) 685-4407. If you get the voicemail, please leave a message and we will return your call as soon as possible.

We encourage parents, families and friends to write to their campers. The girls eagerly look forward to mail each day. Address your letters and care packages to:

Camper Name
 c/o The Summer Camp
 177 North Wayne Road
 Readfield, ME 04355

***** All medications must be brought to camp in the original prescription packaging that includes camper's name and dosage. All medications must be given to the nurse when the camper arrives at camp.*****